# deals

November 30-December 26, 2024





FAMILY SOAPMAKERS SINCE 1858 DR. BRONNER'S ALL-ONE HEMP ALMOND **PURE-CASTILE BAR SOAP** FAMILY SOAPMAKERS SINCE 1858 DR. BRONNER'S ALL-ONE HEMP PEPPERMINT **PURE-CASTILE BAR SOAP** 

Kerrygold Butter selected varieties

8 oz

**\$479** 

Dr. Bronner's **Organic Pure Castile Soap** selected varieties

5 oz

# Sweet savings on holiday treats

**Immaculate Organic Cinnamon Rolls**  **Enjoy Life Foods Chocolate Chips** 

selected varieties



10 oz

Simple Mills **Almond Flour Baking Mix** 

selected varieties

9-12.9 oz

**UNREAL** 



Vital Farms **Butter** 

17.5 oz

selected varieties



9 oz

Lilv's **Chocolate Baking Chips** 

selected varieties



**Chocolate Bars** selected varieties

3.4-4.2 oz



Essentia **Alkaline Water** 

8 oz





KeVita **Organic Kombucha** 

selected varieties

15.2 oz



**Traditional Medicinals Organic Tea** 

selected varieties

16 ct





Our updated packaging pays homage to our rich heritage. At Bionaturae, authentic Italian means more than food that comes from Italy. It's an attachment to traditions and quality. It's organic ingredients that represent the heart & soul of an Italian kitchen. Welcome to our big Italian table.



Bionaturae Organic Tomato Paste



Bionaturae Organic Strained Tomatoes

**\$2**7

24 oz

**Dr. McDougall's Ramen**selected varieties

\$189

1.8-1.9 oz



Crown Prince Natural Smoked Oysters

selected varieties

**\$329** 



3 oz

**Edward & Sons Bouillon Cubes** 

selected varieties

\$189

**5** Serve with grated cheese.

2.5-3.1 oz



Rao's Homemade Pasta Sauce

**7** oz

selected varieties

**\$6**99

24 oz



Organic Valley Organic Ghee

**\$71**99

13 oz



# **Penne Rigate with Tomato Sauce** 25 MIN • SERVES 4-6 · VEGETARIAN **INGREDIENTS** 2 cups strained tomatoes ½ teaspoon salt 2 tablespoons extra virgin ½ cup fresh basil leaves olive oil 1 box of penne rigate 1 clove garlic, minced Grated Parmigiano Reggiano **DIRECTIONS** 1 In a medium saucepan, simmer the strained tomatoes, extra virgin olive oil, garlic, and salt for 15 minutes. 2 Turn off the heat and add basil. **3** Cook penne rigate according to package instructions, stirring frequently. **4** Drain and toss the pasta with the tomato sauce.

Milton's **Organic Crackers** 

selected varieties



**TCHO Organic Chocolate Bar** 

selected varieties





**Kettle Potato Chips** 

selected varieties

5 oz



Celebrate the season with Kettle Brand's Backvard BBQ kettle chips! Crafted from premium potatoes, these chips bring the smoky, spicy, tangy, and slightly sweet flavors of a BBQ right to your holiday gathering. Whether it's a cozy night in or a lively party, Kettle Brand chips are extra in the best way.

**Choice Organics** Organic Tea

selected varieties

2.5 oz

16 ct



San Pellegrino **Sparkling Water** 

750 ml



**Q** Mixers **Tonic Water** 

selected varieties





At Hu, we obsessively vet every ingredient to unite indulgent moments with unmatched simplicity. We go beyond what is easy and expected to ensure that our products and practices are ethical and put both humanity and the human body first.







Hu **Organic Chocolate Bar** 

selected varieties

2.1 oz



Crunchy Crackers made with signature ingredients: brown rice, quinoa, flax, and sesame seeds. Great textured with toastv flavors. Gluten free, plant based, and organic.



Mary's Gone Crackers **Organic Real Thin Crackers** 

selected varieties



5 oz



**Mary's Gone Crackers Organic Crackers** 

selected varieties

6.5 oz

GT's Kombucha

selected varieties

48 oz



**Vive Organic Organic Functional Shot** 

selected varieties

2 oz



Koia **Plant-Based Protein Shake** 

selected varieties



**Cream Cheese** 

**Green Valley Creamery** 

**Organic Lactose Free** 

Honey Mama's

selected varieties

**Cocoa Truffle Bar** 

2.5 oz



**Melt Organic Organic Cold Pressed Plant Butter Spread** 



13 oz

Miyoko's

Meyenberg **Goat Milk Butter** 





8 oz

15 oz

12 oz

Organic Valley **Organic Ricotta Cheese** 





33 oz



8 oz



**Bubbies Kosher Dill Pickles** 



selected varieties

8 oz



**Organic Plant Milk Mozzarella** 

# **Boiron** ColdCalm



60 tab

**Andalou Naturals Shampoo or Conditioner** 

selected varieties

11.5 oz

EO **Hand Sanitizer Wipes** 



10 ct

**Trace Minerals Trace Mineral Drops** 

8 oz

**Natural Factors** Stress Relax® Tranquil Sleep Chewable

60 tab

**Everyone** 3-in-1 Soap selected varieties

32 oz

**Aura Cacia Peppermint Essential Oil** 

0.5 oz

NOW **Lavender Essential Oil** 

1 oz





Stress-Relax Tranquil Sleep

everyone

3in1

**Garden of Life** Dr. Formulated Magnesium with **Pre & Probiotics** 



60 ct

Weleda Skin Food

2.5 oz



Repurpose **Compostable Bowls** 



20 ct



**PEPPERMINT** 

NET .5 FL 02 (15ml)

# **Cinnamon Apple Chunk Cake**

50 MIN • SERVES 8 • VEGETARIAN

### **INGREDIENTS**

1 1/2 cups flour

1 teaspoon ground cinnamon

½ teaspoon baking soda

½ teaspoon sea salt

½ cup cane sugar

½ cup almond oil

2 eggs

3 tablespoons buttermilk

1 cup chopped apples

# **Topping**

½ teaspoon cinnamon 1 tablespoon cane sugar ½ cup powdered sugar 1–2 teaspoons milk

## **DIRECTIONS**

- 1 Preheat oven to 350°F. Grease an 8-inch cast iron skillet and set aside.
- **2** In a small bowl, whisk together flour, cinnamon, baking soda, and sea salt.
- **3** In a medium bowl, combine sugar, oil, eggs until pale in color. Stir in buttermilk.
- 4 Add dry ingredients and mix until just combined. Fold in chopped apple and pour batter into prepared cast iron skillet. Combine remaining sugar and cinnamon and sprinkle on top of batter.
- **5** Bake 40–45 minutes or until a tester inserted in the center comes out clean.
- **6** Stir together powdered sugar and milk until smooth and drizzle over cooled cake.





# Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

**INFRA Deals** are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit **www.naturalfoodretailers.com** or scan this code.



sw